

TRANSCRIPT WITH COMMENTARY

Phil J.: A neuroscience writer

Phil Interview 9

Below in black is a word-for-word transcript of the July 28 interview with Phil that is available on YouTube at <https://youtu.be/g7u9wbwsmSw>. In green are comments about and explanations of the Descriptive Experience Sampling process. If you have corrections, suggestions, or questions, please post them as YouTube comments.

RTH = Russ Hurlburt

AG = Amber Goto

Phil = Phil J.

- 0:00 RTH: Good morning. Good morning. How was the trip?
- 0:04 Phil: So how was what?
- 0:04 RTH: How was the trip?
- 0:07 Phil: Oh, it was, it was fun. It was fun. It was, uh, it was a lot of successful fishing.
- 0:16 RTH: That's cool.
- 0:18 Phil: Yeah. Some nice weather, some bad weather [laughs], but a lot of mosquitoes were kind of a problem.
- 0:25 RTH: That's a bummer.
- 0:27 Phil: Yeah.
- 0:30 RTH: And you were thinking about wearing the beeper for some of that time, did you do that? Or...?
- 0:35 Phil: I didn't, I didn't end up doing it. No, I didn't, I, I thought that I could use a, a random beep app on my phone instead of bringing the beeper and risking forgetting it or something like that. And then it turned out that I just wanted to conserve battery power on my phone and not really use it. So, so I did, I did not.
- 1:00 RTH: Well, I think that's fair enough. It's, it's a little time off.
- 1:05 Phil: Yeah. [laughs]
- 1:08 RTH: So we have beeps today from, beeps from today or from yesterday?
- 1:14 Phil: Um, all the beeps are from today.

1:16 RTH: Okay. And this is gonna be Phil ...that email I believe.

1:19 Phil: Yes.

1:19 RTH: We all in agreement about that?

1:22 Phil: Yeah.

1:23 RTH: And Cody, I don't know whether he sent you the email or not, but he's got an emergency. Some, some of some sort.

1:29 Phil: Yeah, that's unfortunate. Yeah, I did get that meeting...that email.

1:32 RTH: So he will, he'll be here [Phil: That, that email.] and he'll, he can watch, he can watch the video and, uh.

1:39 Phil: Yeah. I hope all, everything turns out okay.

1:42 RTH: Yeah. I, I don't have any idea what the, what the deal is. He was apparently up and, up and about, but not here. So shall we launch into beep number one?

SAMPLE 9.1 DISCUSSION STARTS HERE

1:57 Phil: Yes. Okay. So, um, some of these were written kind of in a semi coherent state early this morning, but, uh, let's see what we have. [apparently reads from notes] I put the beeper on before I got up this morning, I was awake and experiencing a lucid dream. (I think I go on here a little bit.) In the dream it was a sunny summer day and I was in a gravel parking lot by a grassy field looking at a piece of farm equipment that was on display. It was newly painted, bright red, and it was bulky and complex. And although I didn't see any wheels, it was somehow implicit that you could drive this thing. It didn't closely resemble any piece of actual farm equipment that I know of. And I was circling it. And as I studied it, it kept changing its form. I was trying to walk around to see the other side and at the moment right before the beep it somehow changed its form such that I, I couldn't actually get to the other side. At that moment, I had an unstated notion that I, that I wasn't able, that I was not able to get to the other side. [finishes reading] So I hope that makes some sense.

3:15 RTH: So how much, what, what about, what of this is happening right at the moment of the beep? It sounds like this is a, maybe a little bit extended in time. What's the...?

3:25 Phil: Um, at the moment, right before the beep I, I had this realization that I, I can't get to the other side of this thing, somehow. It's just like infinitely on, I, I just impossible to go around the back and get to the other side. And it keeps changing form. And somehow I'm always on the one side of it. And it, it, if I remember correctly that I just, I got this notion of, *hey, I can't get to the other side.*

3:53 RTH: Okay. And, and that I'm gathering is without words or without images or something, but, but a cognitive, a cognitive recognition?

4:04 Phil: Yep.

4:05 RTH: Okay. And, and at the sa, at the same time, are you seeing this form, form shifting farm equipment?

4:16 Phil: Yes. Yeah.

4:19 RTH: And, and, uh, is, what's interesting, you interesting to you about this farm implement is the form, the shape, the, the changing of the shape, the color?

4:30 Phil: Um, I guess, I guess all of those things, to some extent. Um. It was, it was on display, and I guess I was, I don't know, I guess it was somehow implied that I was trying to maybe figure out what it was or what it did. Um, and I, I was trying to look at it more carefully, but it, it kept every few seconds, it kept, it would change its form. And I, into something that I still couldn't figure out what it was. And it was, it was interesti, or it was, what attracted me to it was that it, it seemed like it had been, um, restored. Um, it was painted bright red and, um, and it was put on display. So if I, if, if in real life I had walked up to it, I, I would've been, I would've thought, *hey, what is this thing?*, I, it seems like it's something interesting because it's, somebody worked hard on it and it's been put on display.

5:46 RTH: And, and you called this a "lucid dream." What...?

5:49 Phil: I, I think so. Yeah cuz I wasn't, I wasn't completely asleep. I was, I was in a semi awake state. I, I, I was kind of over-tired. We had problems with Max in the night--he was not feeling well. And uh, and I just, I, I was woken up and I just, I couldn't get back to sleep. And it was, I don't know, I think it was like 5:30 or 6 in the morning or something. And, and I thought, oh, the beeper is here, I'll turn it on and, and see what happens.

6:29 RTH: Okay. And, and by "lucid," did you, do you mean that you were, did, did that, for example, you felt like you were driving this looking, trying to get around the, around the farm equipment? That, that, that was a, that was a waking intention? So some people, some people by "lucid dream" mean I was, I was driving the action of the dream and other people by lucid dream means just a real vivid.

6:58 Phil: Yeah. I would go with the latter. [RTH: Okay.] Yeah. Yeah. I would, it, it was like, just like, it was like a dream and I wasn't, I wasn't actively consciously exploring this imaginary world.

7:16 RTH: You were not?

7:18 Phil: No, it was, it was more like a, like a dream.

7:22 RTH: Okay. Alright then I think I'm good. Do you have any questions, Amber?

7:29 AG: Um, I just wanted to clarify, I think initially you had said the, um, item you were circling was farm equipment?

7:38 Phil: Yeah.

7:38 AG: Okay.

7:40 Phil: Yep.

7:41 AG: Then I'm good. I just wanna make sure I had the....

7:44 RTH: Alright. Number two.

SAMPLE 9.2 DISCUSSION STARTS HERE

7:47 Phil: Okay. [apparently reads from notes] I was still, I was still trying to get some sleep before getting up and I was experiencing another lucid dream. Or perhaps an actual dream as I might have actually drifted off to sleep. (It's, it's kind of hard to remember.) Um, I had been watching the patterns that appeared sometime after I closed my eyes. (I don't know if you close your eyes and you wait a while, or maybe instantly, you can sort of see patterns.) Um, at the moment before the beep on the same dark brown, blotchy background that I see when I close my eyes. I was watching the, y'know, the, the dream, the lucid dream or the real dream. I was watching the tip of a green line that was moving rapidly in a zig-zag pattern. Since I was focused on the tip and the portion of the line, just behind the tip.... Uh, I was focused on the tip and the portion of the line just behind it as corners and zigzags were being created. I'm not sure if the line was extending or moving in its entirety. It was reminiscent of something I might've seen from some kind of animation, (like, um, like a, a line that represents a line on a graph, on a PowerPoint slide being, going [noises] some kind of animation like that).

9:21 RTH: Okay. And when you say that there was like that, did you mean that at the moment of the beep I apprehended this as a PowerPoint display? [Phil: No, no.] Or in trying to tell us what it looked like, it looked like PowerPoint display?

9:34 Phil: Just in trying to tell you what it looked like.

9:36 RTH: So at the moment of the beep, I'm seeing primarily against the brown, brown and black background, blotchy background, the end of a green line as it extends or moves across the screen? [Phil: (gestures angle trajectory) Yeah.] Okay. And, and am I, is the green an important feature of this? Or does the line just happen to be green? Like, am I interested particularly in the green?

10:02 Phil: It just happens, I think it just happens to be green.

10:05 RTH: So it's the motion of the line that I'm, I'm particularly interested in....

10:09 Phil: Yeah.

10:10 RTH: ...for whatever reason. And this looks like a graph, but it isn't, I don't see it as a graph, I see it as a line moving?

10:19 Phil: Right. Yeah.

10:22 RTH: Okay. And as a line moving, as opposed to a thing moving?

10:26 Phil: You know, I just remembered something. Y'know, I just remembered something now that I did not write down that was also a part of this. And I could, he, it's not part of the, no, it was part of this. I remember now. Um, I could hear a voice, which I believe was mine saying, "What is he doing?"

11:04 RTH: [pause] And that's at the same time as watching the line?

11:08 Phil: Yep.

11:09 RTH: And, and hearing softly, loudly, *sotto voce*, whispered, regular voice?

11:20 Phil: Um, regular voice, not loud, not soft, um, some intonation that implying confusion. Um, what, "What is he doing?!?"

11:38 RTH: And this appears to be *your* voice, but you're not sure about that, is that right?

11:43 Phil: That's correct. Yeah. I, I remember when I was, when I was thinking about this experience and I, I, I remembered hearing that voice and I had to think *was, was it my voice or was it someone else's voice?* And in, I came to the conclusion that it, I, I, I thought that it was my voice. I thought, I, I believe it was my voice, but you're right, I'm not entirely sure. I can't identify the, if it, if it didn't sound like anyone else's voice that I know or don't know... I don't know it's hard to describe. [RTH: Okay.] I believe it was my voice.

12:32 RTH: But we we've, we've had over the, over the weeks discussions about hearing and speaking, and this I gather is entirely a hearing phenomenon?

12:39 Phil: This was a hearing. Yes. I'm confident this was hearing. Yeah.

12:47 RTH: So now, now we have at least one, one benchmark there, there we can say, well, this is what Phil's voice or *a* voice is like when it is entirely heard.

12:47 Russ comments: In the past, as I recall, Phil has used locutions such as "I hear my voice speaking" rather than "I was speaking" or "I was hearing." It is interesting to note that now, when he is confident that the phenomenon is of hearing, he is not confident of whose voice it is.

12:59 Phil: Yes.

13:01 RTH: Okay.

13:02 Phil: Yeah.

13:03 RTH: And, and you didn't write this down. Are you confident that this was going on at the moment of the beep and you just overlooked it at the writing?

13:09 Phil: Yup. I, I am. I am.

13:09 RTH: Okay. Then I think I'm good. Am, Amber, you got questions about?

13:27 AG: Yeah. I'm good.

13:29 Phil: Okay.

13:30 RTH: Alright. Number three.

SAMPLE 9.3 DISCUSSION STARTS HERE

13:32 Phil: Um, [apparently reads from notes] I had just activated my phone to change the notification volume and the beep occurred immediately after I pressed the button. My inner experience right before the beep consisted simply of looking at the time on the display, which read 9:51. Although I was looking at these numbers, I did not actually register the time. It's just that the white lines on the mostly blue background that form those numbers happen to be in my central field of view.

14:14 RTH: So you're changing the volume of the phone and you see a white...?

14:21 Phil: I had, I had just done this uh. [holds up phone to webcam] You can see the...

14:27 RTH: Okay. Got it.

14:28 Phil: Yeah.

14:30 RTH: And, and what you *see* is white lines or curves or whatever against blue background?

14:38 Phil: Yeah. Just the lines that make up the time on the blue background. But I didn't, I didn't *read* the time.

14:45 RTH: So this doesn't seem like a *time* to you, this seems like a white-against-blue?

14:51 Phil: Yeah.

14:53 RTH: And does it, do they, do they seem like numbers or letters or whatever, or do they just seems like white, white, white extents, extensions against blue background?

15:06 Phil: I *think* that's as best as I can put it, because I feel like it's a dichotomy between either <extensions on a blue background> or <9:51>. For me, at least not so much intermediary ground there.

15:27 RTH: And, and so which side, which of those is it for you? I think I lost you for a minute.

15:32 Phil: Oh, um, white extensions on a blue background.

15:38 RTH: Okay.

15:38 Phil: Yeah.

15:40 RTH: And, and is, is the white and blue of particular interest or is that just, it happens to be white against blue and I'm seeing...?

15:47 Phil: It just happens, just happens to be white against blue.

15:49 RTH: So I'm, I'm my experience is of *seeing* what in reality is 9:51, the time on my phone. [Phil: Yep.] But in my experience is white pieces against blue backgrounds and that's, and I haven't, I haven't put any semantics to that.

16:12 Phil: Right. Because my, my goal was to change the volume on my phone and I wasn't, I wasn't paying attention to the... The time was of no interest to me.

16:22 RTH: Okay. And the, and the volume control, that action is not in your experience either? That's happening automatically or autopilot or...?

16:34 Phil: Um, I guess it was more autopilot. Yeah. I'm yeah. I, I just, the first step is to just turn it on and then I have to press another button to get to the volume and then I have to press something... No, I have to do my code or my pattern. And then I have to change the volume a little bit to get the little volume screen, and then I can, so it was just the first part of that process. And right before the beep the screen just happened to come on and the time had to be in my central field of view. And I saw the, the white lines on the blue background that make up the time, but I did not read the time.

17:26 RTH: Okay. So what I, what I gather is that, that in reality, you're engaged in a *motor* task, but in your experience, your, your experience is mostly *visual*? [Phil: Correct. Yeah.] And, and, and those two things aren't really con, aren't really connected to each other. You're not, the visual experience is not... well, I guess it is part of what you're trying to do. You're trying to get something to come up, but it's not the time display that you're looking for and [Phil: Right.] so you don't make a, make a time up.

18 Phil: Yeah. Yeah.

18:03 RTH: And is there any, any cognition about, well, that's not it or I'm waiting for it or whatever, or, or I'm just seeing it?

18:11 Phil: No. No.

18:16 RTH: Alright. Then I think I'm good. Amber?

18:21 AG: I'm good as well.

18:21 Phil: Okay.

SAMPLE 9.4 DISCUSSION STARTS HERE

18:23 RTH: Alright. Number four.

18:25 Phil: Okay. What is number four? Okay. [pauses, then reads from notes] While, while I was working, I paused to shut my eyes for a moment as I was tired from lack of sleep. It was silent in the room. And suddenly I heard what sounded like a Skil saw coming from the construction site of the house being built beside our neighbor. At the moment before the beep, I was visualizing the side of the new house that could be seen from our kitchen window. In my visualization, my view was from the same perspective as though I was looking at the window, but zoomed in on a portion with, um, new gray paneling that was added yesterday. (And, um, I just put, as a side note,) I had been under the impression that the house was to be built with a wood exterior. (And I was surprised to see this paneling put in place, although I'm not sure it compromises the actual exterior, but, uh, I, I don't like it.) [laughs] It was disappointing to see all this great paneling going up. So when I heard this Skil saw, or it sounded like a Skil saw, uh, I just, I, I pictured this gray paneling that was at the side of the house. [apparently finishes reading] And it was, it was sort of an image, I would say, it's the image more *came to me*. It just, the, the sound of the Skil saw reminded me of that gray paneling and I just instantly visualized it.

20:08 RTH: And does it seem like you're hearing the Skil saw and seeing the paneling at the same time? O does, is the Skil saw a moment past and that's the context. And, and now at the moment of the beep, I'm just seeing the panel?

20:23 Phil: I would say that it's possible that the saw was still, no, I think it's very likely that the saw was still going when I visualized the gray paneling, *but* I, I wasn't paying attention to it. I was, I was in, I was [gestures as if with blinders] visualizing this paneling.

20:44 RTH: So at the moment of the beep, the, the saw is context. It may, it may in the real world be ongoing, but as far as your experience is concerned, it's probably what triggered this visualization. But as far as your experience is concerned, it's visualization and that's all?

21 Phil: I would say so, yeah.

21:03 RTH: Okay. And, and is what I *see* in my mind's eye *vivid*, is this a, I see this clearly?

21:13 Phil: Yes.

- 21:14 RTH: And, and accurately, as far as you know? That if I were to look at the window from the same direction or same paneling from the same from the same proper perspective, I would....
- 21:26 Phil: I would say that it was, it was *rather* accurate because I did, I got up and I looked at the window to compare it with the actual view at the window. And it was, uh, the, there was *more* gray paneling in my visualization then there actually is. But there was still some, um, oh, it's like, uh, was it, it's not scaffolding, but there's some, some things supporting some other things. And, and they're, although I couldn't really draw it, but that was part of the visualization. And it's, it is there in real life, although I've never actually paid attention to it. So I, in that way, it was, it was accurate. But if I had to draw it, I would, I would kind of have trouble. I would have difficulty drawing what I visualize.
- 22:34 RTH: I think, I think that's generally the case. So I'm not, I'm not too worried about that. So what I, what I, what I understand you to be saying is: this is pretty accurately the view that I have from my window, except that there's in my visualization, there's more gray paneling than there really is. But the, but it's not *just* about the gray paneling. My, my visualization includes some seemingly extraneous details, like, like, uh, the scaffolding or whatever it is that's holding the, whatever it is this is holding. That, that's part of my visualization even though it seems like I'm interested in the gray paneling.
- 23:13 Phil: Yep. Yep.
- 23:15 RTH: And, and does this visualization have a border or does it, it's just like, I'm looking at a picture? Or is it I'm just seeing this scene and it disappears off to the sides?
- 23:26 Phil: Oh, I don't know why, but I find that difficult to answer.
- 23:32 RTH: Okay. That's fine.
- 23:35 Phil: Um.
- 23:36 RTH: So that, so I take it from that is that there's not a border, but, but I'm not interested in whether there's a border.
- 23:42 Phil: Right. Yes. I, I don't like when I remember it, when I think of it right now, when I try to visualize it right now, there's not, there's not really a border.
- 23:56 RTH: Right. Right.
- 23:57 Phil: Just like before there's, I, I remember vis, there was another beep where I was visualizing something and I, I felt like it was in some kind of aperture somehow. It's very difficult to describe [RTH: Mm hmm.] Cuz if there's an aperture, there must be some kind of border.
- 24:16 RTH: I don't think that's necessarily true. I think, [Phil: No?] No, I think just in, in, like, in, in the real world, when you're paying attention to something, like if you're looking at me

on Zoom right now, you're probably not seeing the border. There *is* a border and it's probably got a yellow box around it, but yeah, when you're, when I'm talking to you and you're, and if you are looking at me, you're probably not attending to the, the fact that there's a border, so.

24:41 Phil: Right. Yeah. Okay.

24:43 RTH: So I think in real perception and, and imagined perception could be the same in, in that regard. So I gather that the, that my inner experience at this particular moment is entirely a visualization?

25:02 Phil: Yes, yes.

25:03 RTH: And the, and the part that I don't like it, that I'm, I don't like that gray panel or, or whatever.

25:11 Phil: That's, I don't like [audio glitch] looks,

25:12 RTH: You don't like what?

25:14 Phil: I, I don't like how it looks.

25:17 RTH: Uh huh. But I, I take it that's *not* part of my direct experience *at this moment*. That's uh... Is that right?

25:25 Phil: That's right. That's right.

25:27 RTH: It's a fact of the universe that I don't like how it looks, but I'm *not* thinking or experiencing any of?

25:34 Phil: Yeah. It's, it's, it's incidental. I'm just giving context as to why this gray paneling came to mind, because, cuz yeah.

25:47 RTH: Then I think I'm good.

25:48 AG: I'm good too.

25:51 RTH: Alright.

25:52 Phil: Okay.

25:52 RTH: Number five.

SAMPLE 9.5 DISCUSSION STARTS HERE

25:56 Phil: Um, okay. [apparently reads from notes] I was at the table attempting to finish Eva-stina's bowl of ramen, which she had described as "too salty." I just had a first spoonful and the saltiness was indeed way too strong. Um, (this sounds completely

unrelated.) Max had some diarrhea during the night and we were talking about the state of a very unfortunate poo stain in a rug. And Eva-stina had just mentioned the word “poo” at the moment, right before the beep. At that moment, I was still experiencing the taste of the salty ramen broth while listening her say the word “poo.”

26:50 RTH: So I’m gathering there’s sort of two aspects of your experience. There’s the taste of salty and the, and the hearing of Eva-stina?

26:57 Phil: Yeah.

26:58 RTH: And do you hear Eva-stina say “poo,” or do you hear Eva-stina saying the sentence of that includes the word “poo” and the beep happens at “poo”?

27:12 Phil: I, yeah, that’s a good question. Because, um, when I was writing this down, I could not recall the, the rest of the sentence. So perhaps there’s a chance that she said something, and then there was a slight delay, and then she said the word “poo.” I’m, I, I don’t know, but I, I would say it’s more that I was listening to her, say that word while experiencing the taste of salty broth than, than right before the moment of the beep she uttered this sentence and “poo” just happens to be at the end of that sentence.

27:59 RTH: So it’s more about the *word* than about the *phrase that includes the word*?

28:04 Phil: Uh, yes.

28:07 RTH: Okay. And, and, and I’m gathering that you’re *mildly* confident about that, but not totally confident that. It could also be something like, (and I’m not trying to talk you into this, but trying to understand what you’re saying). [Phil: Mm hmm.] It could also be that she had said a sentence that included the word “poo,” I grabbed the word “poo” and by the time I get to write it down, all I can remember is “poo?”

28:36 Phil: Um, yeah, but I’m confident that the sentence *ended* with the word “poo,” so it was “blah, blah, blah, blah, blah, poo” *beeeep*.

28:51 RTH: So what, I’m, what, I’m, what I’m mildly interested in. What I’m interested in is whether your, whether your experience seems to grab the whole sentence, which happens to end with “poo,” or a phrase that happens to end with “poo,” or whether you’re grabbing just one word at a time and as far as your experience is concerned?

29:16 Phil: Uh, I, I think I have to disappoint you on that one.

29:21 RTH: Okay. And by that, I take you to mean, I don’t know the answer to that question.

29:26 Phil: I don’t know the answer to that question. If, if I had been able to remember the entire sentence, I know it was something like, *do you remember where you saw the poo?* or something like that, like where on the rug so we can go back to it and put like more cleaner on it [RTH: Right.] or like how to fix it.

29:51 RTH: Got it.

29:52 Phil: Something like that.

29:56 RTH: Okay.

29:57 Phil: But I, yeah, I can't confidently answer your question.

30:01 RTH: Okay. I'm not, I'm not sure that there is an answer to that, that kind of a question. [Phil: If, if there is.] I've, I have sampled with some people who are quite confident that they get just one word at a time. They're hearing a whole sentence, but their experience is always about just one word. Somehow they grab the sentence they, they, they *comprehend* the sentence, even though the experience is of a word.

30:26 Phil: Okay.

30:27 RTH: And I'm, and I'm interested in that just because that's, y'know, it doesn't make, doesn't make cognitive sense or whatever. And then, and I'm. But the, but the inner, the inner world does not have to make cognitive sense.

30:42 Phil: Right. Right.

30:46 RTH: Uh, and the saltiness?

30:53 Phil: Um, it was, it was overwhelming, but by the moment right before the beep it had, it had tapered down somewhat. But it was still, it was still something I was apprehending.

31:13 RTH: So strong saltiness?

31:16 Phil: Yes.

31:17 RTH: And is that a different thing from *too salty* or just *strong salty*?

31:25 Phil: Strong salty, not as strong as, let's say five seconds prior, but still too salty to be something I would want to continue eating.

31:45 RTH: So I, I can imagine that there's a distinction between tasting something that's *very salty*, even though it's not quite as salty as, the experience isn't quite as salty as, before, *or* having an experience of *this is too salty*?

32:03 Phil: Right. Um, no, I, I didn't have an experience of *this is too salty*. I was still ta, tasting the initial smack of saltiness. And I, I hadn't, I hadn't processed that thought yet.

32:20 RTH: So I'm tasting *very salty* that's on the wane?

32:25 Phil: Yes

- 32:25 RTH: But I, but I'm not analyzing it as being too salty as far as my future ramen consumption is concerned?
- 32:32 Phil: Right. Probably because I'm paying attention to Eva-stina, what Eva-stina is saying.
- 32:38 RTH: Maybe so. But that that's something that we don't have to worry about, fortunately. Okay so there's a saltiness and a "poo." [Phil: Yes.] And that's it, as far as your experience is concerned.
- 32:52 Phil: Yep.
- 32:54 RTH: And, and, and back to the "poo," is there any, so is there anything more to be said about, I hear Eva-stina say, "poo?"
- 33:15 Phil: Mmm. I'd have to say no. No.
- 33:17 RTH: So I don't have visual image of the poo stain, or the?
- 33:22 Phil: No.
- 33:23 RTH: I'm comprehending, I'm hearing, hearing with comprehension, whatever it is that she's saying, is that right? [Phil: Yes.] I think I'm good. Amber?
- 33:39 AG: Um, I just wanted to ask really quick, Phil. [Phil: Sure.] Um, you mentioned these two aspects, so is there anyone that's more salient in your experience? Like 50-50, 60-40, 70-30?
- 33:55 Phil: I would say, I would think, I would say that it's, I would say that it's about 50-50, actually.
- 34:02 AG: Okay.
- 34:05 Phil: Yeah.
- 34:08 AG: Then I'm good.
- 34:09 RTH: Okay. Number six.

SAMPLE 9.6 DISCUSSION STARTS HERE

- 34:11 Phil: Okay. Um, yeah, I just, [reads from notes] I went downtown and I was in an ethnic food store and realized that it felt like an hour might have passed since turning on the beeper. Um, I was concerned that there might be a problem with it, so I reached into my pocket and tried to find the little test button. Um, I was, uh, (just in brackets I put, I was carrying a basket with groceries in my other hand, so I didn't take the beeper out to test it.) Um, at the moment before the beep I felt my finger on a portion of the

beeper that had some texture. And without words, I was wondering if it might be the button. It turned out that it was actually the volume control. [finishes reading]

35:04 RTH: So your, so your experience at this moment is wondering if this is the button. Is that...?

35:12 Phil: Yep. Well, feeling the texture and, and, and wondering if this is, if, if that's the button. There's some little bumpy thing that I feel on my fingertips. Is, is it, is that the button? But it was *sans* words.

35:43 RTH: But a clearly mental thing?

35:47 Phil: Yes.

35:49 RTH: I'm contemplating whether this is the button, wondering whether this is the button?

35:53 Phil: Yeah.

35:54 RTH: As, while I feel the texture?

35:58 Phil: Yep. There was, there was no, like, is this it? Or like, is this the button? It was, there was, there was no words involved. But I was, I was, yeah. I wanted to know if I, if my finger was in the right spot to test the, to press and test the sound.

36:23 RTH: Alright. I'm good. Amber, you got questions? [AG: I think I'm good as well.] Sorry. [AG: No, I think I'm good as well.] So the idea about that is that what, what happened? One of the, one of the weak, weakest portions of the beeper is that if you touch the volume control wheel and slide it back and forth a little bit, you can turn the beeper on and off. The beeper... you, you can, you can break the connection inside the, inside the switch. [Phil Yeah.] And so then the beeper thinks it's been turned on and it comes on beeping. So you actually caused that beep to occur, probably, by fiddling with the textured wheel.

37:04 Phil: You think so?

37:06 RTH: Probably.

37:07 Phil: Yeah.

37:07 RTH: Okay. It doesn't, it doesn't take much. If, if you push on that wheel to the side a little bit, then the beeper thinks it's been...

37:15 Phil: Yeah. I notice that sometimes it happens when I, when I turn it off.

37:19 RTH: Yeah. It's the, it's the same kind of a deal. But in, in a way it doesn't much matter it's, y'know, it's a,

37:28 Phil: It was a beep. [laughs]

37:30 RTH: It was a beep. So we gonna do this again?

37:36 Phil: Um, yeah. Let's oh, I, I hadn't thought about when to do it next, today.

37:36 Russ comments: They compare calendars.

38:38 RTH: And then after that I'm gonna be out of town for some amount of time I'm not exactly sure how it's gonna be, but, but for the better part of a couple weeks. [Phil: Okay.] So, so we could think about either calling that the *last* one or taking a break for a while until I get, get back.

39:01 Phil: Okay. Um, sure. Uh, let's, let's decide. Let's decide then, after, on Wednesday.

39:14 RTH: Fair enough.

39:15 Phil: Yeah.

39:17 RTH: Alrighty. Then anything else we should be talking about today?

39:21 Phil: Um, not that I can think of. I noticed there less inner speech this time than other times, but that's just, just how it turned out, I suppose. Um, yeah, I can't think of anything else.

39:39 RTH: So when you say "less inner speech," do you, does it seem to you that there are things that occurred in these beeps that in previous days you would've *called* inner speech? Or is it just? [Phil: No, no, no.] Okay. [Phil: No.] So for whatever reason...

39:54 Phil: For whatever reason, the beeps occurred at times when I was not, not experiencing any inner, inner sp, not, not doing any inner speech or experiencing speech.

40:09 RTH: There's a lot of possibilities for that. One, one is there's only, you only get six samples. So, so it could be that there was a lot of speech going on, which just hap, didn't happen to get it. Or it's early in the morning. Or it's what happens after a vacation or....

40:22 Phil: Right. Or a very, very tired day.

40:25 RTH: Right. A lot of, a lot of possibilities.

40:28 Phil: Yeah.

40:30 RTH: Alright. Thank you very much. I will see you. [Phil: Yeah, thank you.] We will see you.

40:35 Phil: And thank you, Amber. Um, [AG: Thank you, Phil.] Yeah. So until, uh, until Wednesday then, and, uh, take care in the meantime and I'll let you know if, um, if I have any questions or anything.

