



July, 2023

Gabriel H. is a college senior philosophy major at my university. A few months ago, Gabriel, whom I had never met, volunteered as a Descriptive Experience Sampling (DES) participant because of his interest in DES from a philosophical perspective. I agreed that I would sample with him, thus scratching two itches: his philosophical interests and my need for a participant in the DES training of a graduate student.

We have completed 13 days of DES sampling and are rolling them out as soon as we can get the transcripts completed (there's a fair amount of work involved).

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