

TRANSCRIPT WITH COMMENTARY
Amber G.: A college senior
and
DES practice for a graduate student

Amber Interview 6

Below in black is a word-for-word transcript of the May 18 introductory interview with Amber that is available on YouTube <https://youtu.be/GyX7xnf0Km4>

In green are comments about and explanations of the Descriptive Experience Sampling process.

This interview serves as practice for a DES graduate student, Cody Kaneshiro. A masterclass conversation can be found at <https://youtu.be/t6J7UuPGqN8>.

If you have corrections, suggestions, or questions, please post them as YouTube comments.

RTH = Russ Hurlburt

CK = Cody Kaneshiro by Zoom

Amber = Amber G.

0:23 RTH: So this is gonna be Amber [Amber: Day 6.] 6. And Cody is by Zoom. We can't see him, but on, we'll have him on the Zoom screen. Anything we should be talking about before we look at Amber6?

0:44 Amber: Um, I actually had a question. So for one of my samplings, so it was like, beep 2, 3. Beep 2 went off and then I was like writing it down and then, so it couldn't have been more than maybe 30 seconds to a minute. It went off again, so I don't know if it was supposed to do that or if that was just a glitch or what happened. Like I turned it off and then it did it again.

1:07 RTH: It's random. So we can just ignore that beep when we get there.

1:10 Amber: Okay. I, I didn't record that one. I just skipped it cuz I thought that was a glitch, okay. Okay.

1:17 RTH: Beep number 1.

SAMPLE 6.1 DISCUSSION STARTS HERE

1:19 Amber: Okay. So beep number 1, I was, um, making lunch. So I was cutting an onion and I was like, I had just cut the top off of it. So I was holding it in my left hand and I was looking at it. I was just looking at it and I... That was it, pretty much. There wasn't really anything else other than that. I had like a thing playing in the background, but that wasn't there. Um, but yeah, that's pretty much it. I was just like looking at like the top part of an onion missing and it was all like peeled and everything like that.

1:52 RTH: So the only thing that you were looking... the, the only thing that was in your experience was the onion. Is that correct?

2:00 Amber: Yeah. Like physically seeing the onion.

2:04 RTH: And when you say you're "physically seeing" the onion, do you mean I'm just seeing the onion as it is? Or am I looking at some particular characteristic of it? Or? [Amber: Um.] The shape, the color, whatever?

2:16 Amber: No. I, well, I'm noticing that it looks like a yellow onion, but it's not that... that is sticking out to me or anything like that, or I'm noticing that. I just know that it, it's a yellow onion. It looks like a yellow onion with like the top missing, cuz I just cut it off. Like it's flat on the top.

2:34 RTH: And when you say you're noticing that it looks like a yellow onion, does that mean that I'm particularly noticing some characteristic of the onion? [Amber: No.] Or is it just that I'm, I'm seeing the onion. As a matter of fact, it happens to be a yellow onion, but I'm just seeing the onion for what it is?

2:50 Amber: Yeah. I'm seeing the onion for what it is and it, as a matter of fact, like a fact of the universe, it's a yellow onion.

2:56 RTH: Okay.

2:56 Amber: Yeah.

3:00 RTH: And there's nothing else in your experience?

3:02 Amber: No. Other than the physical seeing of it, the top cut off, nope. That's it.

3:08 RTH: Then I think I'm good.

3:08—9:11 Russ comments: They try to fix a computer glitch but lose Cody's video feed. Therefore, the remainder of the video for Amber's Day 6 interview displays Cody's audio only.

9:11 RTH: I think we can deal with that.

9:13 Amber: Okay.

9:13 RTH: So on to beep number 2.

SAMPLE 6.2 DISCUSSION STARTS HERE

9:16 Amber: Okay, beep number 2. So I was sending a text message to my friend and I was searching for like, at, at the moment of the beep, I was searching for like an emoji to go along with, uh, whatever I was saying. And, um, there wasn't really any looking. Um, the phone wasn't really directly in my experience. It was almost like, it was almost like, I didn't really see any of it directly in my experience. Obviously I was seeing it, but yeah, I

was physically searching for an emoji and that's kind of, it. There wasn't really that much going on. Other than that.

10:00 RTH: [to Cody] This is your beep Cody.

10:01 CK: This was my beep, okay, sorry. [inaudible] I got thrown off by the technical difficulties, okay. Um, and so was the, when you say you were physically looking for an emoji, is that more a fact-of-the-universe kind of a thing, or is that, was that directly present to you?

10:20 Amber: That's more of a fact of the universe rather than like something in my experience per se. Like I, like, I would say that it was there, but super, very minimally, at, at the most.

10:34 CK: Okay. And so at the moment of the beep, was there anything that *was* more salient, more directly in your experience? Anything that was... [Amber: Uh.] What was there at the moment of the beep?

10:47 Amber: I would say just like hitting the emoji and that's it. Just like, cuz I had found it and I was just hitting it, like hitting it and then that was it. [CK: So right at the...] There was really nothing else.

10:58 CK: So right at the moment of the beep you're pressing on the screen to click on the emoji that you're gonna use?

11:03 Amber: Yeah.

11:06 RTH: So you're not actually searching for the emoji, you have found the emoji?

11:10 Amber: Oh yeah, I guess so, yeah. I found it and kind of like pressed it. And then it appeared in like the little, the typing space. (I don't know what to call that.)

11:26 CK: So using the, so using the, that analogy that we would often use, right? Like the, the visual analogy. [Uses his paper as a visual aid.]

11:32 Amber: Right.

11:33 CK: If that's, if this is time, right? You're [Amber: Mm hmm.] looking for an, you're texting your friend, you're looking for an emoji. You find the emoji, you click on it, the emoji, emoji pops up in the text field area, [Amber: Mm hmm.] right, the phone? And then the beep catches you in the middle of it of, of that, is that correct? So right here at the moment in the beep it's...?

11:50 Amber: I think it's a little bit before that, like it's a little bit, it's like right when I have like finished searching and I'm and I'm hitting it, cuz that's all like such a fast situation. Like I feel like it caught the very tail end of me, like looking for it and then the very beginning part of me like going for it. Cuz I was, I was looking for it and kind of going for it at the same time.

12:17 CK: But I take, I took you to be seeing earlier, right? And I presume this is reflecting what was going on. All of that is sort of context, right? Like at the moment of the beep, there's not, there's little in your experience aside... Again, again, the context is you're looking for the emoji and stuff, but that's all sort of context. None of that is really directly present?

12:37 Amber: Yes.

12:39 CK: Okay. And so would it be fair to say that there's... Well, it sounds like here we're dealing with maybe the weeds, right? That there, maybe there's something about the looking, like you said. Maybe there's something about the [Amber: The typing.] searching for it, but there, but that, all that's sort of very.

13:02 Amber: Very muddy, yeah.

13:04 CK: Okay. And muddy, meaning it's, it's not differentiated or, or muddy being [Amber: Oh.] that's to say that it wasn't strong?

13:14 Amber: It wasn't strong.

13:16 CK: Okay.

13:16 Amber: And.

13:21 RTH: So is our choice here between there's really sort of nothing in my experience or I'm just seeing what's going on and that's it?

13:32 Amber: [to RTH] Are you asking me? Oh, um, yeah. Well, I, I don't wanna say *nothing* cuz there was something, but I would almost call it like less than 5%. So I don't know if that's like not significant or whatever, but I, that's how I would almost like quantify how prevalent all of that was.

13:52 RTH: So my experience is more than nothing, but *not much* more than nothing?

13:56 Amber: Yes! Yeah.

14:00 RTH: And there wasn't anything really *specific* in my experience other than seeing what's happening and doing what, doing what I'm doing?

14:08 Amber: Doing what I'm doing, yeah, pretty much.

14:14 CK: Then I think I'm good.

14:16 RTH: I'm good too. Number 3.

SAMPLE 6.3 DISCUSSION STARTS HERE

14:17 Amber: Okay. Number 3. So I was putting my dishes away. I was like washing dishes and then kind of drying them. And uh, the moment, at the moment, the beep I was walking. So I was walking to the dish rack, I was walking back to the dish rack, like just to get dishes. Again, there was nothing really like, um, super in my experience other than, other than, uh, like just, it was kind of routine [gestures back and forth], but it wasn't, I wouldn't call that necessarily experience, it almost felt like automatic. That's how I would describe that. I don't know if that makes sense.

14:57 RTH: So, is this similar to the previous experience where I'm doing the emoji, except...?

15:04 Amber: This one, yeah. Except this feels more like autopilot, like when you're driving on autopilot kind of thing. Like it felt very systematic, the action, but not... I would say there wasn't a whole lot of things going on.

15:19 RTH: So I'm moving back towards the dish rack?

15:24 Amber: Mm hmm, and I'm aware of that.

15:27 RTH: And what do, what do you mean by *I'm aware of that*?

15:28 Amber: Like I know that I'm walking, the direction I'm walking is toward the dish rack. Like I know that as I'm doing it.

15:36 RTH: And *I know that* as in a I'm, I'm observing Amber walking back to the dish rack? Or is it just I *am* walking back to the dish rack? I *know* I'm walking to the dish rack in the sense that this is the task that having set for myself, I'm gonna go back and get some more dishes.

15:53 Amber: Yes. That, yeah, that.

15:54 RTH: So it's not like I'm *noticing* myself as walking?

16:00 Amber: No.

16:01 RTH: I'm not like externally observing myself?

16:04 Amber: No.

16:05 RTH: I'm just walking?

16:05 Amber: Yeah.

16:05 RTH: The fact of the matter, the fact of the universe is I'm walking to the dish rack? [Amber: Yeah.] And that's not accidental I'm, I am engaged in the dish un, dish rack, unloading task.

16:18 Amber: Right. Doing that with intent.

16:21 RTH: And, but it's not like I'm thinking about that? There's no cognition involved? Is that right?

16:24 Amber: Not really, no.

16:26 RTH: Not really, or [Amber: No.] not at all?

16:28 Amber: I feel like it would be like again less than 5%.

16:35 RTH: Okay. So I am automatically heading back towards the dish rack. [Amber: Mm hmm.] It's skillfully done in the sense that I'm gonna carry out this task that I need to get done, ...

16:46 Amber: Yes.

16:47 RTH: ...but not thoughtfully done? It's not like I need to get that dish or I...

16:52 Amber: No.

16:53 RTH: ...I'm taking a left footstep?

16:55 Amber: Yeah. It's super like I would say, non-specific action.

17:04 CK: A non-specific, yet skillfully-enacted-unloading-of-the-dishes action?

17:12 Amber: Yeah, or like walking. I, I, I was like directionally moving. But it was like, I would call it skillful in the sense that there was like a kind of a rhythm, like almost like a pattern happening. That's how I would describe that.

17:31 RTH: So I'm not sure that I heard that, so could you say that again? Like what about, something about a pattern? What about the pattern?

17:38 Amber: Oh, uh, like he, um, I would say skillfully in the sense that it was like a pattern, like walk there, do that, walk there, do that. Walk one way, do something; walk one way, do something; you just felt very like, I don't know, like the right word to say.

17:53 RTH: And so are you, are you in some way *recognizing* that pattern, or are you just *enacting* a pattern that's happening sort of automatically in your body coming out of, doing it here, going there, doing it here, doing it there?

18:08 Amber: Yeah, I wouldn't say I'm recognizing the pattern, but that's, yeah, what's happening.

18:12 CK: Or is this, does it feel like this is part of a sequence like I'm, I'm walking, and there's continuity to this, this walking.

18:21 Amber: Yes. Yeah. Yeah. Continuity is a good word to describe that.

18:32 RTH: I think I'm good.

18:33 CK: I think I'm good too. All right, beep 4.

SAMPLE 6.4 DISCUSSION STARTS HERE

18:38 Amber: Okay. So I was walking back to my apartment (I was outside) and in my head I was like singing a song. Well, I was kind of, I was like hearing it, but also singing it. I don't know if that makes sense, but I was singing it and hearing it and it, the song was *No Body, No Crime* by Taylor Swift. And I had it, I was like hearing it in her voice and kinda like singing along with it and, or thinking it. And I had altered the rhythm to match my footsteps, in my mind. Like the rhythm of the song, if I had put it on right now, it would be one way, but the way I was thinking about it or experiencing it was to like [gestures rhythmically] the tempo of my footsteps. So yeah.

19:31 CK: And so at the moment of the beep, is there a particular part of the song that you're hearing? Like a particular line?

19:37 Amber: Um, I can't, I didn't write that down. [CK: Okay.] Um, yeah.

19:42 CK: That's, that's fine. So... And so at the moment of the beep, what exactly do you hear? Is this like, I'm hearing the, mostly the music? Am I hearing, am I hearing the, mostly her voice?

19:57 Amber: Mostly the words in her voice, but they're kind of all screwed up because the rhythm is not right. [laughs] And I, [CK: Okay.] and I'm aware of that.

20:05 CK: And mostly, does that mean entirely her voice? Or?

20:10 Amber: Yes. Well, I would say entirely her voice in that it's her voice, but it doesn't sound normal because I have slowed it down because of my walking. [CK: Right.] And I guess I'm saying it like that because like, if I were to play it, it would sound one way, and then if I were to, um, you know, whatever.

20:10 Russ comments: "If I were to play it, it would sound one way" causes RTH's presupposition-detection antennae to jangle. The question is whether Amber's experience is actually (a) of a lower-pitch voice, or (b) of a slowed-down-but-same-pitch voice, but her understanding of real-world physics leads her to believe that that is impossible: *because* the voice is slowed down, it *must be* lower. We don't know, and quite possibly Amber doesn't know, either.

20:34 CK: Yeah, okay. [Amber: Yeah.] And when you say it was a, when you're hearing it slowed down to match your walking, is that like, is it on the, you know, the downbeat is now in time with you walking, like, is there a particular, is there something more to say about how that adjustment is present? How, how it has adjusted to your walking?

20:54 Amber: Um, it just, yeah, like cuz it was like step, step, step, step. It was just slow, slower than [CK: Gotcha.] how it would be, yeah. Like if that were...

21:05 CK: ...So your steps are?...

21:05 Amber: Yeah, it's in my...

21:07 CK: ...Your steps is like a metronome thing?

21:09 Amber: Yes.

21:10 CK: Okay. So at the moment of the beep I'm hearing *No **body**, No Crime* or... Sort of the context of this is the song is *No **body**, No Crime* by Taylor Swift, [Amber: Yeah.] but at the moment in the beep I'm hearing, I'm hearing the vocal, mostly the vocal part of that song?

21:31 Amber: Yes.

21:32 CK: In time, the speed of it, which is in time with my walking?

21:36 Amber: Yes. And yeah, the word, there was no specific words because I was, because I was walking and the rhythm was all screwed up, I surely wasn't singing the song in any particular order. Like it was just lines that were coming to my mind almost. [CK: Okay.] At the, that's, but that's more context, but yeah.

21:36 Russ comments: The two *because*s and the *I surely wasn't* in Amber's talk here increases the jangling of RTH's presupposition-detection antennae. "I surely wasn't" is the kind of thing that people say when their presuppositions are winning, but we still don't know. (See comment at 20:10.)

21:58 CK: Anything you wanna ask, Dr. Hurlburt, about the, the hearing, the song?

22:01 RTH: Yeah, I do. Uh. So I guess I've heard two different versions [his computer signals him] and I'm not sure which. My computer is trying to tell me something. This has been something of a nightmare, but. [Amber: (laughs)]

22:01 Russ comments: He again tries to fix his computer.

22:40 So I think, what I understand sort of the, the general overview is [Amber: Yeah.] I, [gestures with his hands simulating walking] [rhythmically in sync with the syllables] no body, no crime, no body, no crime, something like that.

22:51 Amber: Yeah. Whatever the words were. Yeah.

22:53 RTH: Okay. And, and then the two versions that I've heard is that it's sort of like Taylor Swift singing, [Amber: Mm hmm.] it is Taylor, well, one version is it is Taylor Swift singing [Amber: Mm hmm.] and I hear, I hear Taylor Swift singing. [Amber: Mm hmm.] And then the other version is: well, it's slowed down so it can't be Taylor swift singing.

23:11 Amber: Oh, I see.

23:11 RTH: But, but I, but I, I don't want us to say, I don't want us to fall into the trap of thinking *just because it's slowed down, it can't be Taylor Swift* because the experience can do, [Amber: Yeah.] can do amazing things. So it could be, I could be totally hearing Taylor Swift in time, [Amber: Mm hmm.] even though it's the wrong time. That doesn't mean that I can't hear it that way.

23:11 Russ comments: This is the beginning of RTH's attempt to bracket the presupposition. (See 20:10 and 21:36.)

23:31 Amber: Yeah. Yeah.

23:33 RTH: So the question is, do I hear Taylor Swift in time with my walking? Or, that, so that's one version. [Amber: Mm hmm.] *Or* do I hear something that's a *distortion* of Taylor Swift?

23:46 Amber: No, I hear Taylor Swift while walking. That's for sure. But it's like, yeah, well, yeah, no, the distortion is right. Cause it's like, if you took Taylor Swift and you like slowed it down and it kinda goes like muwaah.

23:58 RTH: In real life, that would happen, [Amber: Yeah.] but that doesn't necessarily happen in your experience.

24:02 Amber: Oh, that no, that's why I would describe it in the experience too. It was like is if I slowed her down.

24:08 RTH: So if you slowed down a tape...

24:10 Amber: ...of Taylor Swift...

24:11 RTH: ...of Taylor Swift, then instead of being up here [uses soprano voice] it would be down here [uses slow bass voice].

24:16 Amber: Yeah. Like.

24:16 RTH: I hear [in sync with slow hand-mimed footsteps and low voice] no body, [Amber: Yeah.] no crime.

24:19 Amber: Yeah. Yeah.

24:23 RTH: But it's also *possible* that I can hear it in her, in her normal, in her normal voice, [Amber: Yeah.] and somehow magically, experientially, synchronizing into my footsteps. [Amber: Hm.] And it, so it doesn't sound slowed down, [Amber: Right.] but it is in *fact* slowed down.

24:23 Russ comments: RTH has not merely asked level-playing-field questions. He has tilted the playing field somewhat away from the actually-lower-voice option. If there are presuppositions in the vicinity, level playing field questions are not adequate.

There is, of course, the risk that RTH is too heavy handed, and leads her away from the lower-voice option. (See 20:10, 21:36, and 23:11.)

24:41 Amber: Right. Okay.

24:44 RTH: I'm not trying to talk you in to or out of it.

24:45 Amber: No, no, no.

24:46 RTH: What I don't want us to do is to say, well, *because* I've slowed it down, *therefore* it must have been.

24:46 Russ comments: Now RTH is trying to re-level the playing field.

24:50 Amber: Right. [RTH: Distorted.] That makes sense. Yeah. Cuz I wrote down, *it was in her voice* and it was, I wrote down, *it was in her voice, but the rhythm was different*. So I'm sure it was in her voice. Like, and I, and I'm, I feel more con, most confident saying it was in her voice. Just how that showed up is I'm not sure.

25:07 CK: So the only thing changing, if I'm understanding you to be saying Amber, it's that it's the tempo that's changing?

25:12 Amber: Yes.

25:13 CK: But her, everything else is the same. Mostly, I mean, may not everything else is the same, except for the fact that the tempo is changed? [Amber: Yes.] Is that correct?

25:25 Amber: Yes. Yes, Yes. Yes. Yeah. That sounds the most. Yeah.

25:33 RTH: So the, the challenge here is, and that it's always about bracketing of presuppositions. [Amber: Right.] So the, the, the, in the real world, [Amber: Mm hmm.] some alteration in tempo *has to* involve somehow a change in pitch.

25:50 Amber: Right. Mm hmm.

25:50 RTH: Although you can, you can screw around with that too in the real world. [Amber: Mm hmm.] But what applies in the real world doesn't apply in, in the experiential world.

26:00 Amber: Yeah.

26:02 RTH: And so we don't wanna fall into the trap of, of thinking well, because it's, because this is what would happen in the real world, that must be what have, what has happened in the...

26:09 Amber: ...yes. In the experience. Yes.

26:15 RTH: So let me, let me recap what I've understood here, because it's been a, sort of a fight with the techno, technology here. [He refers to the computer glitches.] [Amber: (laughs)] We started out by saying, I'm hearing am, I'm hearing Taylor Swift, but synchronized to my footsteps. [Amber: Yes.] And then we went through a period where

we said, well, Amber switches, Taylor Swift's voice is screwed up in some way, altered in some way to match. And then we came to the end, well, her voice probably wasn't altered in some way, which is sort of a...

26:47 Amber: Yeah. Yeah.

26:49 RTH: So is that, that's what happened here?

26:51 Amber: Yes. I think I was just going off. [laughs] It, yeah.

26:54 RTH: So the, so the, the presuppositions about the world are powerful things [Amber: Right.] so there's, there's no feeling bad about it. [Amber: Yeah.] It's that they are powerful things. [Amber: Yeah.] And the, and, and the bracketing of them is a challenge.

26:54 Russ comments: I think it possible that RTH did indeed tilt the playing field too far in the not-lower-voice direction, and that he did indeed talk her out of an accurate description of her experience. Or maybe his presupposition antennae were jangling for good reason. There is really no way of knowing for sure.

The good news is that DES is iterative: whereas we may have muddled the waters about the present sample, we may have helped Amber learn to bracket presuppositions on upcoming sampling days.

27:14 Amber: Yeah. I, I know that these listening ones also, like, uh, we've had a, I think we've had something similar to this before and yeah that went kind of crazy too [laughs].

27:23 RTH: And is there anything else in your experience at this particular beep?

27:25 Amber: Nope.

27:27 CK: Well, I had a question about that. I know earlier, I think Amber, you very early on, you said you were hearing and *singing* the song?

27:27 Russ comments: This and the upcoming interchange illustrate a difficult issue. Amber has used two words (hearing and singing). Does she use two words for the same thing or are there two different things?

27:35 Amber: Oh. And, and, and like, um, like almost like singing it in my head, like, along with that, but that is all like, I was producing the words myself. If that makes sense.

27:52 CK: Is that a separate sort of thing from this? Like I like, like, uh, I'm, I'm hearing and singing along with the song or is it that these are kind of I'm, I'm or is that kind of one of the same thing? Or does it make sense or?

28:05 Amber: Yeah, that makes sense. I, I would say it's the same thing. Like they're, it's happening at the *exact* same time.

28:14 CK: And by happening at the same time is that, are those two separable things in the sense that like, again, there, like there's sort of two things [Amber: Right.] going on here. I'm singing, I'm, I'm hearing Taylor's Swift and I'm singing the song or?

28:27 Amber: Mm hmm. I would say they're not separable. They're, they're like one in the same kind of a situation.

28:32 CK: But so simultaneous to hearing Taylor Swift singing in time with my walking, I, there's a, I'm a, I'm making these words. I'm, I'm producing these words?

28:44 Amber: Yeah. In, in my mind.

28:52 CK: And is that a, is that a, how is that present to you? Like, is that a hearing sort of a thing? Uh, I'm a singing sort of a thing? Like I'm like, it feels as if I am singing this, this song?

29:04 Amber: As if I'm singing, yes.

29:09 CK: Yes. To which, which one or?

29:11 Amber: Oh, like, it feels like I'm singing this song.

29:16 CK: So I'm not hearing myself singing? [Amber: No.] I'm, I'm singing, I, I know the fact, as a fact of universe, you're not singing, right out, out loud?

29:23 Amber: No.

29:27 CK: And is there a physical characteristic of that? Like, I feel it in my throat or I feel it in my chest, like, you know, this, this, I'm singing?

29:38 Amber: No, I would just say it was like in my mind, in, in my head.

29:44 RTH: So I'm [inaudible] possibly because of the [computer] challenges here. Are we saying that there's this Amber, uh, this, this Taylor Swift, I'm hearing Taylor Swift singing? [Amber: Uh huh.] And then *Amber* is singing alongside that, [Amber: Yes.] so that this is a parallel kind of a thing? [Amber: Yes.] Or are we saying that Amber is calling this hearing of Taylor Swift a, a *singing* because I'm sort of producing that?

30:19 Amber: Oh, it might be that, that makes more sense. Yeah. That second one. That makes more sense. Yes.

30:27 RTH: So the, it's not, so the, my experience of this second variety here is not so much that I am singing, but that I am producing this....

30:39 Amber: ...I am producing the words in Taylor Swift's voice.

30:43 RTH: Yeah, [inaudible] And, and rhythm, according to my walking?

30:51 Amber: Yes. Yes.

31:06 CK: I think I'm good.

31:08 RTH: So the bottom, the bottom line of that portion is the, the there's really no, no experience of *singing*. What there is, is an experience of producing a hearing of Taylor Swift experience?

31:08 Russ comments: RTH is not really confident about this. He states it clearly so that from an iterative perspective, the distinction is clearly drawn.

31:24 Amber: Yes. Yeah. That, yeah.

31:25 CK: Yup.

31:31 RTH: All right. Number 5.

SAMPLE 6.5 DISCUSSION STARTS HERE

31:32 Amber: Okay. So number 5, I was looking over at, uh, like a, like an iPad screen while I was doing dishes again. And I was like, I was *looking at* the iPad while I was reaching over to grab, like a dish. And, um, I know this is all happening at the same time. So then, and then I was hearing the other dishes, like when you grab it, how they all kind of adjust, they kind of fall and they kind of like make that clanging noise. So that's what was in my experience, um, at the time.

32:08 RTH: So am I, I'm in a dishwasher. Is that what you said?

32:10 Amber: No, it was, it's like a dish rack [RTH: Dish rack.] and I was like drying dishes. So like, yeah, I was grabbing.

32:17 RTH: And, and so I, I see the dish that I'm reaching for.

32:21 Amber: No, I'm looking somewhere else. I'm like just blindly reaching for it. [laughs] I was looking at like a, a screen. [RTH: Looking at a.] Yeah. Like, like a, I was watching something else, and then I was reaching for the dish, like blindly, and then I like had it, I was pulling it. And, um, [RTH: I hear the clatter of the] the, the sound, yeah, yeah. The beep went off during, while I was looking at the screen while the sound was going on.

32:44 RTH: So there are three features here that *could* be in your experience. [Amber: Yes.] I could see the screen, [Amber: Yes.] I could feel the motion, [Amber: Yes.] I could hear the clatter adjustment when.... [Amber: Yeah.] Which of those are actually in your experience, and which are the more powerful aspects?

33:01 Amber: Uh, seeing the screen and then the clatter of the dishes, the clatter of the dishes was the, was the, um, highest. And then the screen was like low.

33:09 RTH: And so the reaching is not in your experience at all, right?

33:12 Amber: No.

33:13 RTH: Okay. And, and when you say the clatter, or the adjustment of the dishes is the highest 60--40, 90--10?

33:22 Amber: 80--20.

33:22 RTH: 80, 20. And, and so what is it that you hear when you hear this?

33:29 Amber: It's like, um, oh, how would I describe this? Like when you, when, when you're in like a restaurant and then they're like doing the kitchen and you're like, ceramic plates, like going ch-ch-ch [imitates plate sounds]. [RTH: Okay.] Or bowls or whatever.

33:43 RTH: And are you particularly noticing any aspect of that or are you just taking in what, what's there to be heard?

33:50 Amber: Uh, just what I'm hearing, because things are like shifting, so I don't want anything to like, fall, but like yeah, just kind of like a ch-ch-ch noise. It's like a quick like, sound.

34:04 RTH: And so are you reacting to that about, in, in the sense of, I hope things don't fall? Or, or is this just, I hear it at the moment of the beep?

34:11 Amber: I just hear it. I just hear it in my experience at that point, yeah.

34:18 RTH: And then the 20 is watching what's going on on the screen.

34:21 Amber: Yeah, I'm just kind of looking at it. It, it's like, I not really taking in what was happening. I was just kind of, I was looking at it and I was seeing it, another physical seeing kind of thing. But in terms of like processing what was happening there, that nah, that wasn't happening. I was hearing the dishes.

34:37 RTH: And, and so does a 80--20, that sounds like it's more like 90--10 or 99--1 than 80--20?

34:46 Amber: Hmm. Yeah. Maybe. Well, the seeing in my, well, I was just saying like the seeing, that's why I was pretty, like, that's what I was *seeing*. And then this was what I was hearing. I wasn't hearing the TV or whatever, I was hearing the dishes, but like the processing of what I was seeing was low. And then the hearing was like really loud.

35:05 RTH: So the question is, are you indeed experiencing what's ha, what you're seeing? Or is it just that my eyes are aimed at that I'm not processing at all, what I'm really processing is what I, what I'm hearing? I'm not trying to talk you out of it. I, [Amber: Yeah.] I just don't want us to fall into the trap of saying *well, because my eyes are aimed at* [Amber: Yeah.] *something it must be...*

35:24 Amber: Yeah, no, I was experiencing this actually seeing.

35:29 RTH: And what you were, what were you seeing?

35:31 Amber: Um, it was just, uh, it was like a mid, a person was in the middle of walking. So it was just kind of like, it was like that frozen image kind of thing of the person like walking. But other than that, there, that was it.

35:46 RTH: And so you're *seeing* what is, uh, what you're seeing is something that's related to the screen except you've frozen the motion?

35:52 Amber: Yeah.

35:55 RTH: But you don't really have any context to that at all. I don't even know who it is or what they're doing?

35:59 Amber: No. No.

36:01 RTH: I'm sort of mindlessly freezing that action while I'm mostly paying attention to the...

36:05 Amber: ...The dishes...

36:06 RTH: ...to the dishes.

36:06 Amber: Yes.

36:06 Russ comments: We didn't follow up on the frozen motion (see 36:01), perhaps because it was only the 20 of 80—20.

36:13 RTH: All right. I think I'm good. Cody, you got something?

36:21 CK: Um, no, I think I'm good as well.

36:25 Amber: Okay.

36:28 CK: And, uh, beep 6.

SAMPLE 6.6 DISCUSSION STARTS HERE

36:31 Amber: Okay. Um, so number 6, someone was talking to me and, um, and I don't even remember what the conversation was about. They're just talking to me, and cuz I was doing other things. And um, at the moment of the beep, I was just kind of like thinking about time. So I was trying to think like how long it would take to do what I had to do cuz I had other things to do. And I was just kind of thinking about that. Like it was very, it wasn't a very concrete thought. It was kind of just like those words exactly were not present, it was just kind of like thinking about what time. That's it, no, no like outstanding thoughts or anything like that.

37:23 CK: And is there anything more to say about how this thinking about time is present? Like, am I *saying* this to myself, like I'm *hearing* this, am I *seeing* an image about, you know, thinking about what I have to do or something like that or?

- 37:40 Amber: No, it wasn't even like, yeah, it wasn't even that specific. I would say it was just very much the idea and the concept of time and I guess that things take time to do, but it was just like this kind of concept and it was a very like, um, how, I don't, how would I describe that? Like, it was like a very broad thinking maybe like, I don't know. I don't know if it was more un, unsymbolized thinking like before, I don't know if I'd wanna say, call it like that, but something similar at least.
- 38:16 CK: So, um, so would you say this is like a, is it even fair to say call this like a. Is this so nonspecific that a, a nonspecific thinking about time in general? Or is this like, there's some sort of evaluative, you said that, you know, there's like a thinking about what I have to do next, or how long this is gonna take me or is, [Amber: Oh yes.] you know, is there something specific like that or is this just sort of like, I'm just thinking about like things take time and, and I, this is just a very vague thought about time?
- 38:47 Amber: Yeah. It's a very vague thought about time.
- 38:56 CK: And there's no words present. I'm not there's no, again, there's nothing that's concrete about, this is just a?
- 39:03 Amber: No it, no, nothing super concrete, nothing, um, or not, nothing concrete at all, actually. Other than like the concept of time, there were no specific words, no like images, nothing like that.
- 39:22 RTH: And by the concept of time, do you mean, *how long things take*, or the concept of time in, in the abstract philosophical sense, *what is the nature of time*?
- 39:36 Amber: Like how long things take.
- 39:40 RTH: So I'm just somehow contemplating that things take time to transpire.
- 39:46 Amber: Yeah. Things take, yeah, to do like even work or like, I, I mean, I don't even wanna get into that part cuz that's going to throw this off, but I was thinking more like, yeah, just like that things, just in general take time to do. Like yeah, driving someplace, or doing work, or whatever.
- 40:07 RTH: And is, and is it some that this takes some time, this takes more time, this takes less time, that kind of thing?
- 40:12 Amber: Yeah. Like, like, um, it, well, this is kind of like, I guess that's like, a context, but it was like stemmed from the idea of when you drive somewhere, it's like, oh, this only takes 10 minutes to get there, but then you have to drive back. Like that's kind of where this all came from, but that's context. I don't know if that helped.
- 40:35 RTH: So what that would mean is like, if I was thinking about time, that would only be sort of half the time or part of the time or something like that?
- 40:42 Amber: Yeah. Like if I'm being realistic about how long something takes, driving one way, for example, takes that much amount of time. And then like doing, I don't know, like an

assignment, or writing something up takes time. And like the time I spend driving back has to be calculated cuz I have to do something like that. Like it's kind of like, it was like a kinda like that. Like that's where all of this stemmed from. That wasn't exactly in the experience, but that's kind of where the thinking stemmed from.

41:13 RTH: And so the thinking is somehow cognizing about how long things take?

41:16 Amber: Yeah.

41:16 RTH: Is that right?

41:16 Amber: Yeah. And how it's important to be accurate about that.

41:27 RTH: Okay. Then I think I'm.

41:30 CK: Is there anything, is there anything else at the moment of the, of the beep?

41:34 Amber: No, not, not like in my experience. In the environment, yes, like.

41:39 CK: But the, like that, the talking to someone, right? That's that's not at all there, like none of that is present?

41:44 Amber: No, no I get, yeah, that was more like where all of this even came from in the first place. [laughs] [CK: Sure.] That, that wasn't really there, no.

41:55 CK: I think I'm good.

41:57 RTH: I think I'm good as well.

41:58 Amber: Okay.

42:00 RTH: So this was a challenge. [He refers to the computer arrangement.] Are we gonna do this again and?

42:04 Amber: Yeah, probably the next time though, we'll all probably be on Zoom as well.

42:08 RTH: Okay.

42:08 Amber: So that might make everyone's life a little bit easier. [laughs]

42:14 RTH: We'll see. We'll see. Can't be much worse than this.

42:18 Amber: Okay. [laughs].

42:18 CK: Yeah.

42:18 RTH: Shall we, shall we coordinate our calendars by email?

